



HACIENDA

# LOS MILAGROS

Bungaló Spa Menu





# *Distinctive Rituals*

## **MILACROS HEALING RITUAL**

Calming - Nourishing - Intuitive

**90 MIN**

Our signature ritual is a journey to awaken the senses, ease the mind, and reconnect with the body. Regional botanicals, such as the local Plumeria flower, provide the essence for the experience with their soft ethereal aroma, which soothes feelings of anxiety and calms nervous tension. This head-to-toe ritual begins with a grounding meditation followed by a full body exfoliation and relaxing massage with warm aromatic compresses and organic seed oils. It ends with a soothing anointment of the third eye and crown chakra point to calm the nervous system and awaken intuition and creativity.

## **MAR ADENTRO RITUAL**

Purifying - Hydrating - Flowing

**90 MIN**

This treatment is inspired by the wild Pacific that bathes the shore and its reflection within each of us. The human body is over 70% water; our well-being depends on its content, flow, and temperature. With mineral-rich algae and water-retaining ingredients, this treatment stimulates the immune system and offers a metabolic tune-up delivered with a lymphatic drainage massage and a hydrating facial mask.

## **LIVING EARTH TREATMENT**

Purifying - Detoxifying - Replenishing

**90 MIN**

Mineral mud and clay have significant detoxifying, anti-aging and anti-inflammatory benefits. This highly purifying and rejuvenating treatment includes a gentle, dry exfoliation followed by a nourishing essential oil infusion applied to the whole body and massaged with warm basalt stones. Purifying mud is then used to draw impurities from the body, and a remineralizing face mask brightens the complexion as a finishing touch.



HOLISTIC MASSAGE  
TREATMENTS



*De la Tierra*

**THERAPEUTIC DEEP TISSUE**

Alleviating - Expansive - Curative

**90 MINS**

Our most therapeutic massage increases circulation, stretches and elongates the muscles, alleviates pain and discomfort, and profoundly relaxes the body.

*Del mar*

**AROMATIC SALT GLOW**

Cleansing - Toning - Rejuvenating

**30 MINS**

This whole-body treatment stimulates and thoroughly exfoliates the entire body, lifting away rough cells, and restoring radiance and purity to the body and clarity to the mind.

**SOOTHING AROMATIC**

Comforting - Healing - Profoundly Relaxing

**60 MINS**

The beauty and vitality abundant in nature are also present within us. Our essential oil aromatherapy massage is a chance to incorporate the healing benefits of plants to relieve muscle and mental tension, promote energetic flow, and enhance wellness.

**CUPPING**

Detoxifying - Unblocking - Releasing

**30 MINS**

The cupping technique detoxifies the body's tissues allowing revitalized blood to return to blocked areas. Silicon cups are applied to specific points to discharge toxins through the body's circulatory and lymphatic systems. \*This treatment can be added to any massage service.\*

**REFLEXOLOGY**

Relaxing - Detoxing - Improves Digestion

**30 MINS**

This refreshing foot treatment begins with a warm towel wrap infused with cleansing tea tree oil. The feet are then massaged with moisturizing oils to identify pressure points.





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# *Beauty & Skin Care*

## ROSA MEXICANA FACIAL

Luxurious - Anti-aging - Anti-inflammatory  
Holistic - Customized

**90 MINS**

A luxurious, holistic experience that soothes the soul and rejuvenates the skin. This natural treatment replenishes and revitalizes, based on your personal biorhythms, using products infused with botanical ingredients, aromas, and specialized rhythmic techniques. The restorative power of rose and pink clay creates a rejuvenating and firming facial treatment. Nourishing phytonutrients coupled with expert touch make this facial essential in anti-aging skin care and overall well-being.

## NOURISHING FACIAL

Nourishing - Replenishing - Corrective

**60 MINS**

A regenerative experience to energize and refresh the skin's appearance and to offset the effects of environmental toxins and oxidative stress. Natural botanicals blend with active ingredients to deliver a flawless, well-nourished, even complexion. This facial includes a double cleanse, massage, and a customized finishing mask, providing bliss for skin and spirit.

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